RAYAN PASHA

CARE ASSISTANT

78B, St. Pancras, Chichester PO19 7LS I 07733906452 I rayan12908@yahoo.com

PROFESSIONAL PROFILE

Compassionate and reliable Care Assistant with 1 year of experience supporting older people and vulnerable adults. Experienced in providing personal care, emotional support, mobility assistance and help with daily living while promoting dignity, independence and person-centred care. Ableto respond calmly to distressing situations and challenging behaviour, work effectively under pressure, and collaborate with colleagues and families. Committed to following care plans, safety procedures and workplace guidance.

KEY SKILLS

- Personal care and support with daily living
- Mobility assistance, wheelchair use and safe moving and handling
- Medication assistance and following individual care plans
- Person-centred support that promotes dignity, choice and independence
- Calm response to distressing situations and challenging behaviour
- Teamwork and communication with colleagues, residents and families
- Reliability,punctuality, patience and a responsible attitude
- Following workplace procedures. safety guidance and training updates
- Basic computer skills and use of online tools

PROFESSIONAL EXPERIENCE

Care Assistant ILapwing Court, London Care Ltd, Selsey

Peter's Crescent, Selsey, West Sussex, PO20 0AX Present 11 year of experience

- Provide personal, emotional and practical support to older people and vulnerable adults.
- Assist with mobility, wheelchair use and daily living tasks while respecting each person's dignity and independence.
- Support medication administration in line with workplace procedures and individual care plans.
- Respond calmly to distressing situations and challenging behaviour, escalating concerns when appropriate.
- Communicate with colleagues and contribute to a safe.respectful and person-centred care environment.

Team Member I Seal Bay Cove Holiday Group

- Follow workplace procedures and instructions accurately.
- Provide reliable support and communicate professionally with team members and customers.

EDUCATION & QUALIFICATIONS

Chichester College - Plumbing Course, Level 2

ADDITIONAL INFORMATION

- Fluent in English
- Full UK right to work
- Willing to complete mandatory training and keep training up to date